

Report of Outreach Medical Camp

Date: 11/09/2025

Time: 10:30 AM – 3:00 PM

Venue: MAW Industries, P.O. Baridua, Ri-Bhoi District, Meghalaya – 793101

Occasion: Pre-Ayurveda Day Event

Organising Team

- Dr. Sudhir Kumar Bhattacharya
- Dr. Trishna Sarma
- Dr. Pria Bari
- Trishna Gogoi (Nurse)
- Berlinda Malang (Nurse)
- Farhin Sultana (Nurse)
- Proloy Kumar Roy (Supporting Staff)
- Phunkha Narzary (Supporting Staff)

Activities Conducted

- Free Health Check-Up: General health assessment of the workers and local community members was carried out by the medical team.
- Free Medicine Distribution: Essential medicines were provided to the patients based on their clinical requirements.
- Awareness Talk on Maternal and Child Health: An interactive awareness session was conducted to educate participants on key aspects of maternal and child care, nutrition, and preventive health measures.
- Distribution of Informational Templates: Educational materials and brochures were distributed among the attendees to raise awareness about Ayurvedic panchakarma procedures, Suvarnaprashan, and their health benefits.

Outcome

- Total Number of Patients Attended: 81
- The camp received positive participation from the local community and employees of MAW Industries.
- The event successfully promoted health awareness and highlighted the role of Ayurveda in preventive healthcare.

Conclusion

The outreach medical camp conducted as part of the Pre-Ayurveda Day celebrations proved to be highly beneficial. It not only offered free healthcare services to the local population but also spread awareness about Ayurvedic practices. The camp was well-received and marked a meaningful step towards community health promotion.