

COMMITTEE FOR AYURVEDA DAY 2025

Chairperson:	Dr Rama Kanta Sharma
Advisors:	Dr Dilip Kumar Goswami Dr. Dharendra Nath Deka Dr. Anil Kumar Sarma
Secretary / Nodal Officer:	Dr. Parikshit Debnath
Joint Secretary:	Dr. Barnali Das Dr. Tutumani Saikia Dr. Sujata Banik
Members:	Dr. Mriganka Mishra Dr. Sikha Lekharu Dr. Salka Debbarma Dr Trishna Sarma

Social Media (11/9/25 to 23/9/25)

Dr. Sujata Banik Dr. Angsumita Choudhury Dr. Jakaria Ahmed	Awareness talks or reels regarding "Ayurveda for people and planet" by students or faculties And publication of all activities of Ayurveda Day
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Interactive workshop

18/09/2025	Dr. Chinmoyee Thakuria	E poster presentation IAMC students
	Dr. Trishna Sarma Sri Khagen Kalita	Health talk by and Yoga demonstration
20/09/2025	Dr. Trishna Sarma Sri Khagen Kalita	Health talk by and Yoga demonstration

Medical and wellness camp

11/09/2025	Dr Barnali Das Dr. Priya Bari Dr. Sudhir Kr. Bhattacharya Sri Khagen Kalita	Free Medical Camp with Nutrition & Yoga Awareness
20/09/2025	Dr Trishna Sharma Dr Salka Deb Barman Dr Jakaria Ahmed Sri Khagen Kalita	Free Medical Camp with Nutrition & Yoga Awareness

Outreach program Visiting from other schools /college - 20/09/2025

Dr. Dilip Kumar Goswami Dr. Sikha Lekharu Sri Khagen Kalita	Awareness Talk & Yoga Demonstration
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Expo/ Medical camp and awareness/Ahar mela – 22/09/2025

1	Exhibition of Model prepared by students	Dr. Chandrama Kalita Dr. Manalisha Devi
2	Medicinal plants exhibition	Dr. Salka Debbarma Dr. Aishwari Bera
3	Medicinal Stalls (Pharma companies)	Dr. Mofida Khatun Dr. Priya Bari
4	Prakriti Pariksha Free Diabetes Camp	Dr. Ravinder Singh (Incharge) Dr. Najrul Islam Prodhani Dr. Satyajit Pathak
5	Ahar mela	Dr. Anil Kumar Sharma (Incharge) Dr. Dharendra Nath Deka (Incharge) Dr. Sikha Lekharu Dr. Rezvi Sultana Ahmed Dr. Angsumita Choudhury

Main Event – Ayurveda Day (23/9/25)

Free Medical Camp on NASYA 10 AM to 1 PM	Dr. Avijit Das
Walkathon for Ayurveda Awareness (9.30 AM)	Dr. Samir Sapkota (Incharge) Dr. Ravinder Singh Dr. Chandrama Kalita Dr. Priya Bari (Playcards, models, thematic selfie spots)
•Guest lectures •Cultural events Open meeting from 11 am onwards	Anchoring: Dr. Sikha Lekharu, Dr Chinmoye Thakuriya Stage management: Dr. Sujata Banik, Dr. Rezvi S Ahmed, Dr. Angsumita Choudhury Cultural: Dr Barnali Das


Principal

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