



Dr. Parikshit Debnath

B.A.M.S. (Cal), M.D. (Ay.), M.Phil (Public Health), MIPHA

Professional Fellowship/ Scholarship

S.No	Name of Fellowships/ Scholarship	Awarding Agency	Year
1	Fellowship Senior Research Fellow (Ayurveda)	National Research Institute of Ayurvedic Drug Development (CCRAS, Ministry of AYUSH, Government of India)	2016
2	Fulltime Scholarship (Fellowship) for Integrated Master Programme (M.Phil) in Public Health Research in Asia	Norwegian Centre for International Cooperation in Education (SIU) through the Norwegian Agency for Development Cooperation (Norad's programme for Masters Studies) with focus to Asian issues and University of Oslo, Faculty of Medicine	2008

Professional Recognition

S.No	Name of Recognition	Awarding Agency	Year
1	Organizing Secretary of Hitayu - 2024 (National Seminar) on Ayurveda-Defining Lifestyle.	Guru Gorakshnath Institute of Medical Sciences, Mahayogi Gorakhnath University Gorakhpur	2024
2	Chairperson at Hitayu - 2024 (National Seminar) on Ayurveda-Defining Lifestyle.	Guru Gorakshnath Institute of Medical Sciences, Mahayogi Gorakhnath University Gorakhpur	2024
3	Chairperson at 2nd Convention: SFE – INDIA, 2015 (National Seminar) on Integrated Approaches for Promotion and Development of Herbal Medicine.	Society for Ethnopharmacology, India and School of Natural Product Studies, Jadavpur University	2015

Professional Award/ Prize/ Certificate

S.No	Name of Award	Awarding Agency	Year
1.	Participation in World Record – Maximum Number of Online webinars on Health Awareness	India Star World records	2022
2.	2nd prize for poster session on “Study of Neuro-Protective Activity of Ashwagandha and Vacha in Combination as Ayurvedic Medhya Rasayana In-Vivo” at National Seminar on: Ethnopharmacology: Perspectives for Development of Ayurveda, Kolkata, India,	Society for Ethnopharmacology, India and National Research Institute of Ayurvedic Drug Development	2016
3.	2nd prize for poster session on “Increasing Prevalence of Type 2	Asian Network for Research in Anti-Diabetic Plants and R G Kar Medical College	2012

	Diabetes Among Rural Adult Population of Karnataka, India” at: 3rd Indian National Seminar of ANRAP on Prevention & Management of Diabetes: Prospects & Challenges. Kolkata, India		
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Lectures Delivered & Conference Papers Presented

Presentations in Webinars as Speaker and Hosting Webinar Series
IRES AYUSH Samridhi International Webinar Series: 2235 Webinars as on 21.03.2025
Organized by Independent Research Ethics Society
http://www.youtube.com/@independentresearchethicss6091

S.No	Topic	Conference Name & Organizers	Date & Place
1.	OVERVIEW OF RECENT PROMISING HERBAL RESEARCH: CANCER & CHRONIC DISEASES.	National Symposium on Translational Medicine & Emerging Therapies (TRANSMED 2019) & 28 th Annual Conference of Indian Pharmacological Society West Bengal Branch’ (IPSWBCON) organized by Burdwan Medical College	22-23 February, 2019, Burdwan, India.
2.	AYURPHARMACOEPIDEMOLOGY OBSERVATIONS ASSESSING QUALITY OF LIFE USING WHOQoL-BREF AMONG PATIENTS ATTENDING AYUSH GERIATRIC HEALTH CARE CLINIC OF KOLKATA.	The 26th Annual Conference 2016, Indian Pharmacological Society, West Bengal Branch (IPSCON-WB’ 2016) on Pharmacological Research on Natural Products of Indian Origin. Organized by J. B. Roy State Ayurvedic Medical College and Hospital held on	Kolkata, India, December 20, 2016.
3.	AYURPHARMACOEPIDEMOLOGICAL OBSERVATIONS IN AN AYUSH GERIATRIC HEALTH CARE CLINIC OF KOLKATA.	7 th World Ayurveda Congress & Arogya Expo. Jointly organized by Department of AYUSH, Ministry of Health and Family Welfare, Govt. of India and World Ayurveda Foundation	Kolkata, India, December 1-4, 2016.
4.	STUDY OF NEURO-PROTECTIVE ACTIVITY OF ASHWAGANDHA AND VACHA IN COMBINATION ASAYURVEDIC MEDHYA RASAYANA IN –VIVO.	National Seminar on Ethnopharmacology: Perspectives for Development of Ayurveda. Jointly organised by Society for Ethnopharmacology, India and National Research Institute of Ayurvedic Drug Development	Kolkata, India, March 19, 2016.
5.	RATIONAL THERAPEUTICS IN AYURVEDA.	The 25 th Annual Conference 2016, Indian Pharmacological Society, West Bengal Branch on Rational Pharmacotherapeutics: Role of Pharmacology. Organized by Dept. of Pharmacology, R G Kar Medical College	Kolkata, India, February 20, 2016.
6.	AYUR-PHARMAEPIDEMOLOGIC	National Seminar on Edification, Exploration and Execution of Ayurveda. Organized by	Kolkata, India, July

	AL OBSERVATIONS IN PATIENTS SUFFERING FROM DIABETIC FOOT ULCERS UNDERGOING AYURVEDIC ADJUNCT THERAPY.	J.B. Roy State Ayurvedic Medical College and Hospital	1-2, 2015.
7.	EXPLORATORY STUDY ON THE AYURVEDIC MANAGEMENT OF ALLERGIC RHINITIS (VATAJA PRATISHYAYA) BY PRATIMARSHA NASYA AS NASAL DRUG DELIVERY SYSTEM	47 th Annual Conference of the Indian Pharmacological Society, IPSCON 2014 on Innovations in Pharmacology - Rapid Changing Scenario in Drug Discovery. Jointly organized by Indian Pharmacological Society Assam Chapter and Department of Pharmacology, Gauhati Medical College & National Institute of Pharmaceutical Education and Research-Guwahati	Guwahati, India, Dec 28-30, 2014.
8.	CLINICAL OBSERVATIONS ON THE THERAPEUTIC EFFECTS OF KUMARABHARANA RASA IN THE MANAGEMENT OF CHRONIC TONSILLITIS AMONG CHILDREN AT A TERTIARY CARE HOSPITAL OF KARNATAKA.	47 th Annual Conference of the Indian Pharmacological Society, IPSCON 2014 on Innovations in Pharmacology - Rapid Changing Scenario in Drug Discovery. Jointly organized by Indian Pharmacological Society Assam Chapter and Department of Pharmacology, Gauhati Medical College & National Institute of Pharmaceutical Education and Research-Guwahati	Guwahati, India, Dec 28-30, 2014.
9.	AYURPHARMACOEPIDEMOLOGY TOWARDS ENSURING SAFETY AND EFFICACY OF AYURVEDIC DRUGS IN GLOBAL PERSPECTIVES.	6 th World Ayurveda Congress & Arogya Expo. Jointly organized by Department of AYUSH, Ministry of Health and Family Welfare, Govt. of India and World Ayurveda Foundation	New Delhi, India, Nov 6-9, 2014.
10.	EVALUATION OF ANCIENT VEDIC MEDICINE ALONG WITH SYNTHETIC DRUG IN THE TREATMENT OF PULMONARY TUBERCULOSIS: A NEW APPROACH.	46 th Annual Conference of the Indian Pharmacological Society, IPSCON 2013 on Translational Pharmacology. Jointly organized by Indian Pharmacological Society and Karnataka College of Pharmacy	Bangalore, India, Dec 16-18, 2013
11.	PEROXISOME PROLIFERATOR-ACTIVATED RECEPTOR (PPRAS) AS VIABLE DRUG TARGET AGAINST NIDDM IN RATIONAL DRUG DESIGN BASED ON NATURAL PRODUCTS.	7th International Conference of ANRAP 2013 on Prevention & Management of Diabetes: Prospects & Challenges. Jointly organized by Asian Network of Research on Antidiabetic Plants (ANRAP) & Dept. of Pharmacy, Institute of Medicine.	Kathmandu, Nepal, March 22-24, 2013.
12.	TARGETING SEROTONIN SIGNALLING OF DIABETES PATHOGENESIS AND RELATED RISK FACTORS	7th International Conference of ANRAP 2013 on Prevention & Management of Diabetes: Prospects & Challenges. Jointly organized by Asian Network of Research on Antidiabetic	Kathmandu, Nepal, March 22-24, 2013.

	IN NATURAL PRODUCT REVERSE PHARMACOLOGY	Plants (ANRAP) & Dept.of Pharmacy, Institute of Medicine.	
13.	PUBLIC HEALTH INITIATIVE ON PREVENTIVE AYURVEDA: MULTICENTRIC OBSERVATIONAL STUDY ON SWARNAMRITA PRASHANA.	IPHACON 2013, 57 th Annual Conference of Indian Public Health Association & South-East Asia Regional Public Health Conference. Organised by Indian Public Health Association	Kolkata, India, Feb 01-03, 2013.
14.	AN OBSERVATIONAL STUDY ON EFFECTIVENESS OF AYURVEDIC LEECH THERAPY PROCEDURE (JALAUKA VACHARANA) IN ECZEMA.	2nd International & 4th National Conference ISRPTCON 2012. Jointly organized by R G Kar Medical College and Indian Society for Rational Therapeutics	Kolkata, India, 29th November-1st December 2012,
15.	INCREASING PREVALENCE OF TYPE 2 DIABETES AMONG RURAL ADULT POPULATION OF KARNATAKA, INDIA.	3rd Indian National Seminar of ANRAP on Prevention & Management of Diabetes: Prospects & Challenges. Jointly organized by R G Kar Medical College and Asian Network of Research on Antidiabetic Plants.	Kolkata, India, Sep 14-16, 2012.
16.	ROLE OF TRADITIONAL DIET AND REGIMEN IN DIABETES ACCORDING TO AYURVEDA.	3rd Indian National Seminar of ANRAP on Prevention & Management of Diabetes: Prospects & Challenges. Jointly organized by R G Kar Medical College and Asian Network of Research on Antidiabetic Plants.	Kolkata, India, Sep 14-16, 2012.
17.	KNOWLEDGE AND PRACTICE REGARDING TYPE 2 DIABETES AMONG GERIATRIC PATIENTS IN SELECTED HOSPITALS OF WEST BENGAL.	ISE 2012, 12th International Congress of Ethnopharmacology) on “Traditional Medicines and Globalization – The Future of Ancient Systems of Medicine” organized by School of Natural Product Studies, Jadavpur University	Kolkata India, February 17-19, 2012.
18.	AYURVEDIC INTERVENTIONAL PLACEBO CONTROL STUDY IN THE MANAGEMENT OF MENTALLY RETARDED CEREBRAL PALSY CHILDREN.	ISE 2012, 12th International Congress of Ethnopharmacology) on “Traditional Medicines and Globalization – The Future of Ancient Systems of Medicine” organized by School of Natural Product Studies, Jadavpur University	Kolkata India, February 17-19, 2012.
19.	STUDIES ON AWARENESS AND KNOWLEDGE AMONG GERIATRIC POPULATION ON DIABETES MELLITUS IN TERTIARY HOSPITAL OF WEST BENGAL.	ISE 2012, 12th International Congress of Ethnopharmacology) on “Traditional Medicines and Globalization – The Future of Ancient Systems of Medicine” organized by School of Natural Product Studies, Jadavpur University	Kolkata India, February 17-19, 2012.
20.	STUDIES ON KNOWLEDGE AND EDUCATION IN	42 nd Annual Conference of the Indian Pharmacological Society, IPSCON 2009 on	Kolkata, India, 10-12

	GERIATRIC POPULATION ON DIABETES AND HYPERTENSION.	Integrative and Personalized Medicine. Jointly organized by Indian Pharmacological Society, West Bengal Branch and National Research Institute of Ayurveda for Drug Development	Dec 2009,
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Research Projects Undertaken

S.No	Name of Project	Sponsor	Capacity
1.	Prevalence and risk assessment of Hypertension based on Aahar Vihara approach using STEPS instrument	CCRAS-SPARK (Ministry of AYUSH, Govt. of India)	Co-Guide
2.	Health Literacy & Quality of Life Assessment Among Indian Diabetics Engaging An Ayur-Pharmaco-Epidemiological Design	CCRAS-SPARK (Ministry of AYUSH, Govt. of India)	Guide
3.	An Open Label, Multi Centric, Controlled Observational Clinical Study To Determine The Efficacy Of Multi Source Edible Oil (MSEO1) On Outcomes In Patients With Cardiovascular Disease.	Emami Agrotech Limited	PI
4.	Post-Marketing Open-Label Observational Clinical Study To Determine The Efficacy Of Micon Gold Capsule In Type 2 Diabetes Mellitus.	Jamna Herbal Research Limited	PI
5.	Post-Marketing Open-Label Observational Clinical Study Of Vatantak Gold Tablet And Pain Kill Oil In Painful Inflammatory Musculoskeletal Conditions W.R.T Vatavyadhi	Jamna Herbal Research Limited	PI
6.	Post-Marketing Open Label Observational Clinical Study W.R.T Local Application Of Yuvnam Shaurya Oil In Erectile Dysfunction	Yuvnam Pvt. Ltd.	PI
7.	Open Label Single Arm Study On The Efficacy Of Ayurvedic Module (Neem Ayu Anti Dandruff Kit) On Seborrheic Dermatitis (Dandruff)	Neem Ayurveda Products Private Limited	PI
8.	Open Label Single Arm Study On The Efficacy Of Ayurvedic Module (Neem Ayu Anti Hairfall Kit) On Hairloss	Neem Ayurveda Products Private Limited	PI
9.	An Open Label, Observational Clinical Study To Determine The Efficacy Of Soultter Spotless Cream On Acne Vulgaris And Acne Scars.	Soultter Remedies	PI
10.	Comparative Intervention Of Emami Blended Edible Vegetable Oil (Ebevo 3) & Himani Best Choice Sunflower Oil (Ebevo 4) On Immunity Status As Well As Cardiovascular Health, Diabetes, Gastric Health And Bone Health.	Emami Agrotech Limited	PI
11.	Post Marketing Surveillance To Determine The Clinical Efficacy And Safety Of Ayukalash On Selected Cardiovascular Disorders (Dyslipidemia And Hypertension).	BAN Labs Pvt. Ltd.	Co-I

12.	Multi-Centric, Double Blind Study Of Emami Blended Edible Vegetable Oil (Ebevo1) On Immunity As Well As Mild Cardio-Metabolic Syndrome, Stamina, Hyper-Acidity And Bone Health	Emami Agrotech Limited	Co-I
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Publications

Book(s) & Book Chapter(s)

S.No	Title	Author's Name	Publisher	Year of Publication
1.	NUTRACEUTICALS AND FUNCTIONAL FOODS IN AYURVEDIC PERSPECTIVE (Book Chapter) In: NUTRACEUTICALS AND FUNCTIONAL FOODS. RECENT PROGRESS IN MEDICINAL PLANTS (Book) ISBN: 978-1626990791	Arun Raj GR, Shailaja U, Prasanna N Rao, Parikshit Debnath	Studium Press LLC, Houston-Texas, USA	2016
2.	AYURVEDA – OPPORTUNITIES FOR DEVELOPING SAFE AND EFFECTIVE TREATMENT CHOICES FOR THE FUTURE (Book Chapter) In: EVIDENCE BASED VALIDATION OF HERBAL MEDICINES (Book) Print ISBN:9780128008744; eBook ISBN :9780128009963	Pratip K Debnath, Subhadip Banerjee, Parikshit Debnath , Achintya Mitra, Pulok K Mukherjee.	Elsevier, USA	2015
3.	AYURNUTRIGENOMICS: TRADITIONAL KNOWLEDGE INSPIRED APPROACH TOWARDS PERSONALIZED NUTRITION (Book Chapter) In: CLINICAL ASPECTS OF FUNCTIONAL FOODS AND NEUTRACEUTICALS (Book) Print ISBN: 978-1-4665- 6910-2; eBook ISBN: 978-1-4665-6916-4	Parikshit Debnath , Subhadip Banerjee, Pratip Kumar Debnath.	CRC Press, FL, USA	2014
4.	HEALTH PERCEPTION AND BEHAVIOR AMONG GERIATRIC DIABETICS IN INDIA (Book) ISBN: 978365950899	Parikshit Debnath , Liaquat Ali, Madhumita Dobe.	LAP Lambert Academic Publishing	2014

Publications

Journals

Sl.No	Author(s)	Title	Name of Journal	Volume	Page	Year
1.	Shikha Aggarwal, Maryam Rahim, Debkalyan Maji, Parikshit Debnath	Outcome of office hysteroscopy in postmenopausal women with red flag signs: a single centre-based study from Northern Ireland	Int J Reprod Contracept Obstet Gynecol. (PUBMED) DOI: https://dx.doi.org/10.18203/2320-1770.ijrcog20233821	13 (1)	47-53	2024
2.	Parikshit Debnath , Pawan Kumar Sharma	Evaluation Of Efficacy And Safety Of Vatantak Gold Tablet And Pain Kill Oil In Painful Inflammatory Musculoskeletal Conditions W.R.T Vatavyadhi: A PMS Study.	International Journal of Life Sciences Biotechnology and Pharma Research	12(2)	298-305	2023
3.	Pawan Kumar Sharma, Parikshit Debnath , Ashok Kumar Jain	Evaluation of Efficacy and Safety of Micon Gold in Type 2 Diabetes: A PMS Study	Journal of Pharma and Ayurved Research	3(2)	23-31	2023
4.	Maryam Rahim, Shikha Aggarwal, Neelam Rathi, Parikshit Debnath , Debkalyan Maji	A Study on Outcome of Pregnancy of Unknown Location	Int J Reprod Contracept Obstet Gynecol. (PUBMED) DOI: https://dx.doi.org/10.18203/2320-1770.ijrcog20221583	11(7)	1886-1890	2022
5.	Parikshit Debnath , Tapas Brata Tripathy, Shivakumar, Abhay Prakash, Arun Raj GR, Subhadip Banerjee, Prasanna N Rao, Anjan Adhikari, Pratip K Debnath.	Quality of Life Assessment Among Indian Diabetics Engaging an Ayur-Pharmacoepidemiological Design	Explor. Anim. Med. Res. DOI: 10.52635/EAMR/11.1.89-99	11(1)	89-99	2021
6.	Banani Das, Abhay Shankar Ojha, Parikshit Debnath .	Multi-Centric, Double Blind Study Of Emami Blended Edible Vegetable Oil (Ebevo1) On Immunity.	International Journal of Scientific Research. DOI: 10.36106/ijsr	9(11)	71-73.	2020
7.	Parikshit Debnath , Natasha Khurshid, Liaquat Ali, Tapas Bhaduri, Tushar Roy, Sayantan Bera, Debdeep Mukherjee, Swati	Ayurpharmacoepidemiology Perspective: Health Literacy (Knowledge & Practice) Among Older Diabetes Patients Visiting Ayurveda Teaching Hospitals In India.	J Evid Based Complementary Altern Med. (PUBMED) doi: 10.1177/2156587216643641	22(2)	242-250	2017

	Debnath					
8.	Parikshit Debnath , Subhadip Banerjee, Anjan Adhikari, Pratip K Debnath	Ayurpharmacoepidemiology En Route to Safeguarding Safety and Efficacy of Ayurvedic Drugs in Global Outlook.	J Evid Based Complementary Altern Med. (PUBMED) doi: 10.1177/2156587215624032	22(2)	294–298	2017
9.	Arun Raj GR, Shailaja U, Parikshit Debnath , Subhadip Banerjee, Prasanna N Rao	Exploratory studies on the therapeutic effects of Kumarabharana Rasa in the management of chronic tonsillitis among children at a tertiary care hospital of Karnataka	J Tradit Complement Med. (PUBMED) doi: 10.1016/j.jtcme.2014.11.031	6(1)	29-33	2016
10.	Subhadip Banerjee, Parikshit Debnath , Pratip K Debnath	Ayurnutrigenomics: Ayurveda-inspired personalized nutrition from inception to evidence	J Tradit Complement Med. (PUBMED) doi: 10.1016/j.jtcme.2014.12.009	5(4)	228-233	2015
11.	Subhadip Banerjee, Parikshit Debnath , Prasanna N Rao, Tapas Brata Tripathy, Anjan Adhikari, Pratip K Debnath	Ayurveda in changing scenario of diabetes management for developing safe and effective treatment choices for the future	J Complement Integr Med. (PUBMED) doi: 10.1515/jcim-2014-0012	12(2)	101-110	2015
12.	Parikshit Debnath , Abhay Prakash, Subhadip Banerjee, Prasanna N Rao, Tapas Brata Tripathy, Anjan Adhikari, Shivakumar	Quality of life and treatment satisfaction observed among Indians with diabetes foot ulcers undergoing ayurvedic adjunct therapy	J Evid Based Complementary Altern Med. (PUBMED) doi: 10.1177/2156587214553304.	20(1)	13-19	2015
13.	Shailaja U, Prasanna N Rao, Parikshit Debnath , Anjan Adhikari	Exploratory Study On The Ayurvedic Therapeutic Management of Cerebral Palsy in Children at a Tertiary Care Hospital of Karnataka, India	J Tradit Complement Med. (PUBMED) doi: 10.4103/2225-4110.124345	4(1)	49-55	2014
14.	Shivakumar, Parikshit Debnath , Subhadip Banerjee, Arun Raj GR, Prasanna N Rao	Clinical Investigations On The Ayurvedic Management Of Allergic Rhinitis (Vataja Pratishyaya) By Pratimarsha Nasya As Nasal Drug Delivery System.	Explor. Anim. Med. Res.	4(2):	194-205	2014
15.	Adhikari Anjan, Ray Moumita,	KAP (Knowledge, Attitudes And Practices)	Int. J. Res. Ayurveda Pharm.	4(6):	793-796	2013

	Banerjee Soma, Debnath Parikshit , Bhattacharya Sangita, Bhowal Tarit, Verma Sushil Kumar	Study on Medicine and Health Infrastructure Use in Pregnant Women of Rural Areas of Maharashtra, India: A Cross-Sectional Survey	DOI: 10.7897/2277- 4343.04602			
16.	Tapas Brata Tripathy, Prasanna N Rao, Shailaja U, Parikshit Debnath , Shivakumar, Abhay Prakash, Arun Raj GR.	A Community Based Cross- Sectional Study: Increasing Prevalence of Type 2 Diabetes Among Rural Adult Population of Karnataka, India.	Explor. Anim. Med. Res.	3(1)	41-47	2013
17.	Abhay Prakash, Arun Raj GR, Debnath Parikshit , Prasad Lalta, Tiwary PR.	Clinical Study On The Efficacy Of Ksharasutra In The Management Of High Anal Fistula	Universal Journal of Pharmacy.	2(6)	97- 101	2013
18.	Arun Raj GR, Shende A, Shailaja U, Parikshit D , Rao Prasanna N.	Clinical Study On The Efficacy Of An Ayurvedic Drug In The Management Of Nocturnal Enuresis In Children.	Unique Journal Of Ayurvedic And Herbal Medicines.	1(3)	55-58	2013
19.	Abhay Prakash, Arun Raj GR, Parikshit Debnath , Lalta Prasad, Sanjeev Prakash.	Exploratory Study To Assess The Efficacy Of Jalaukavacharana (Hirudotherapy) In The Management Of Vicharchika (Eczema).	Int. J. Ayur. Pharma Research.	1(3)	60-65	2013
20.	Abhay Prakash, Parikshit Debnath , Arun Raj GR, N Rao, Shailaja U.	A Review On The Role Of Jalaukavacharana (Hirudotherapy) In The Management Of Venous Ulcer.	Universal Journal of Pharmacy.	2(4)	38-43	2013
21.	Arun Raj GR, Shailaja U, Rao Prasanna N, Debnath Parikshit	Chronic Tonsillitis In Children: An Ayurvedic Bird View	International Ayurvedic Medical Journal	1(4)		2013
22.	Rao N Prasanna, Shailaja U, Mallika KJ, Desai S Sheetal, Debnath Parikshit .	Traditional Use of Swarnamrita Prashana as A Preventive Measure: Evidence Based Observational Study in Children	J. Res. Ayurveda Pharm.	3(5)	634- 638	2012

Publications

Journals (Abstracts)

S.No	Author's Name	Title	Journal	Volume	Page	Year
1.	Parikshit Debnath , Shivakumar, Subhadip Banerjee, Arun Raj GR, Prasanna N Rao.	Exploratory Study On The Ayurvedic Management Of Allergic Rhinitis (Vataja Pratishyaya) By Pratimarsha Nasya As Nasal Drug Delivery System.	Indian Journal of Pharmacology. (PUBMED)	46 (suppl 1)	S38	2014
2.	Arun Raj GR, Shailaja U, Parikshit Debnath , Subhadip Banerjee, Prasanna N Rao.	Clinical Observations On The Therapeutic Effects Of Kumarabharana Rasa In The Management Of Chronic Tonsillitis Among Children At A Tertiary Care Hospital Of Karnataka.	Indian Journal of Pharmacology. (PUBMED)	46 (suppl 1)	S25	2014
3.	Rania Indu, Anjan Adhikari, P K Debnath, Kumkum Bhattacharyya, Parikshit Debnath , S K Bandhyopadhyay.	Evaluation Of Ancient Vedic Medicine Along With Synthetic Drug In The Treatment Of Pulmonary Tuberculosis: A New Approach.	Indian Journal of Pharmacology. (PUBMED)	45 (suppl 1)	S196	2013
4.	Arun Raj GR, Shailaja U, Prasanna N Rao, Debnath Parikshit , Shankar SD.	Comparative Clinical Study On The Efficacy Of An Ayurvedic Therapy In The Management Of Bala Vata Vyadhi W.S.R.T. Cerebral Palsy.	Altern Integ Med.	2(10)	233	2013
5.	Arun Raj GR, Shailaja U, Prasanna N Rao, Debnath Parikshit , Shital Desai.	Clinical Study On The Efficacy Of Swarnamrita Prashana (Ayurvedic Compound Drug) In Recurrent Attacks Of Cough In Children	Biochem & Pharmacol.	2(4)	192	2013
6.	Debnath P , Mitra A, Hazra J, Dobe M, Khanum K, Ali L.	Studies On Knowledge And Education In Geriatric Population On Diabetes And Hypertension	Indian Journal of Pharmacology. (PUBMED)	41 (suppl 1)	S135	2009

Professional Memberships

- Indian Public Health Association (**IPHA**)
- Indian Pharmacological Society (**IPS**)
- Indian Society for Rational Pharmaco-therapeutics (**ISRPT**)
- Society for Ethnopharmacology, India (**SFE**)
- Gananath Sen Institute of Ayurvediya and Research (**GIAR**)

■ Independent Research Ethics Society (**IRES**)