

ACADEMIC EVENT REPORT OF IAMC 2024

IA Ayurvedic Medical College (IAMC) situated at South Zone, Techno City, Kling Road, Baridua, 9th Mile, USTM in Meghalaya is the first private Ayurveda College in entire North East. It is an institute with adequate infrastructure and state-of-the-art facilities including Smart classrooms, Central Library, Departments, Faculties, Laboratories, Museum and Dissection Hall. The college also has a teaching hospital-University Hospital of Ayurveda and Naturopathy (UHAN) attached to it with 100 bedded facility, well equipped laboratory and 24×7 services.

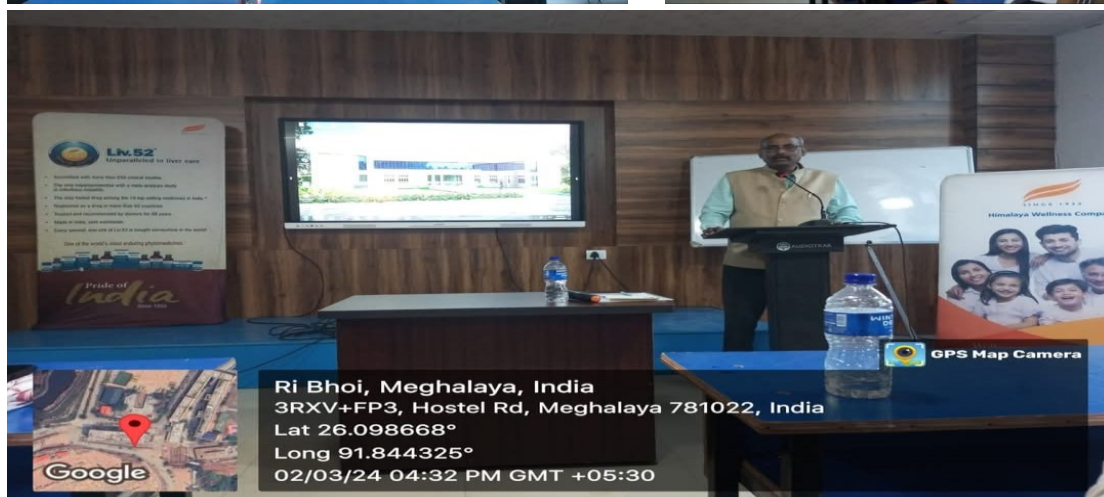
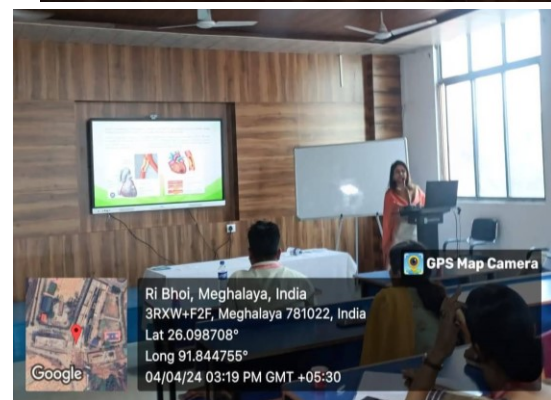
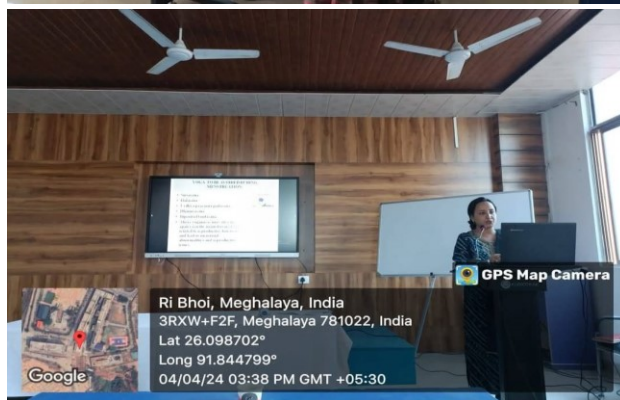
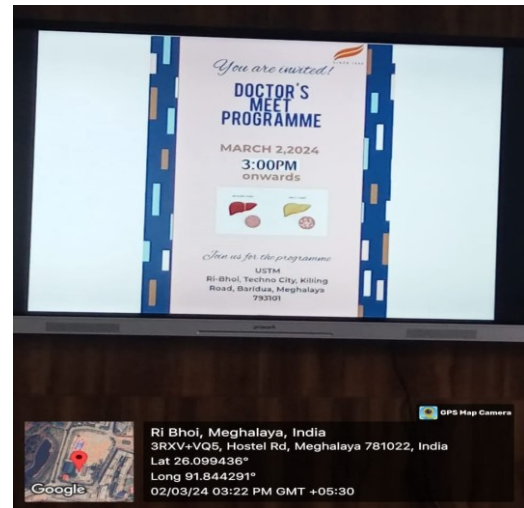
The workforce of the institute includes the faculty members, consultant doctors, non-teaching staff and the paramedic staff. The conglomerated efforts of both the divisions(college and hospital) has led to celebration of many events and remarkable days in the institute. It includes the celebration of various important health days and events observed by NCISM in 2024.

The report of activities in conducted by IAMC and UHAN 2024 is as follows-

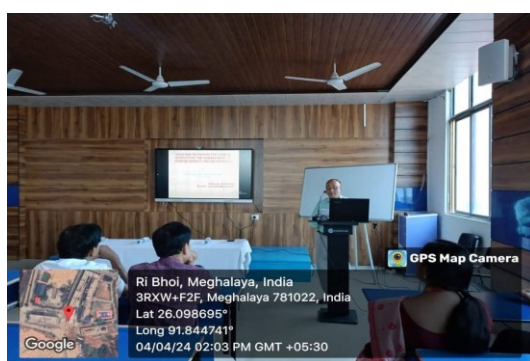
MONTH	DATE	ACTIVITY
January	09/01/2024	Presentation on various topics of Siddhanta organised by Dept. of Sanskrit, Samhita and Siddhanta, IAMC. The participants consisted of BAMS 1 st Professional students and faculty members.



MONTH	DATE	ACTIVITY	
March	02/03/2024	CME Programme by Himalaya Drug Company on the topic “Non-Alcoholic Fatty liver Disease and its Management w.r.t Liv 52.” The participants were consultants and faculty members of IAMC.	

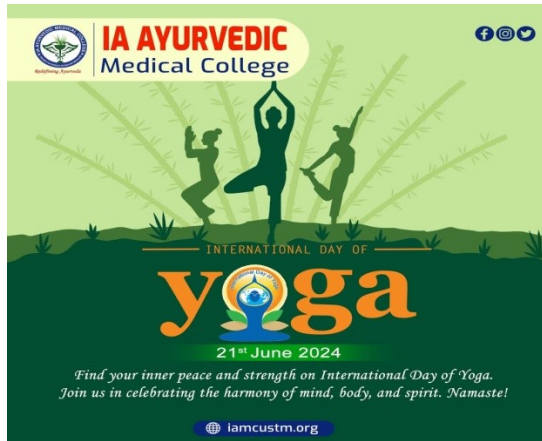


MONTH	DATE	EVENT
April	04/04/2024	Seminar held on the topic “Holistic Quality and Affordable Health and Wellness for All” (as a part of the National goal of Viksit Bharat @2047) The event was graced by the presence of Hon’ble Vice Chancellor and Advisor of University of Science and Technology Meghalaya along with participants including the students and faculty members of IAMC.
	07/04/2024	World Health Day Celebration The event was marked by an awareness talk on the theme “My Health, My Right” to the students of IAMC by selected faculty members.

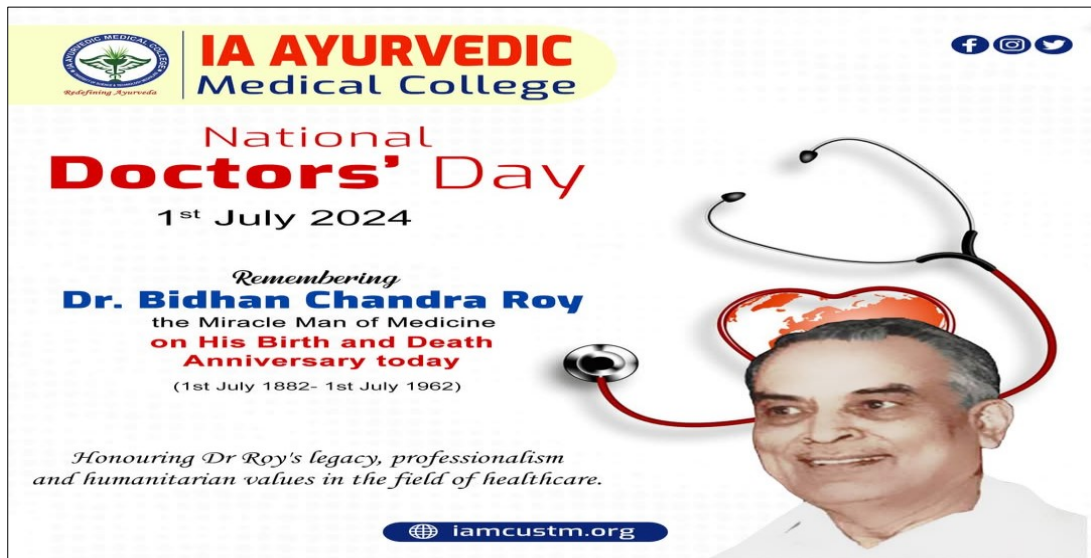


MONTH	DATE	EVENT
June	05/06/2024	World Environment Day celebration Awareness talk on the theme “Our Land, Our Future. We are #GenerationRestoration” followed by Plantation Programme in the campus of University.
	21/06/2024	International Yoga Day celebration The event was inaugurated by the Hon’ble Vice Chancellor of USTM and Principal IAMC. Early morning yoga session was instructed by Yoga Instructor Mr. Khagen Kalita with participation by students and faculty members of the university.





MONTH	DATE	ACTIVITY
July	01/07/2024	National Doctor's Day celebration The event was celebrated with a small gathering by the doctors of IAMC.



MONTH	DATE	ACTIVITY
August	05/08/2024	World Breastfeeding Week celebration The event was marked by a Guest Lecture by Dr. Jeuti Boro, Associate Professor, Government Ayurvedic College Hospital, Guwahati followed by a scientific session by Dr. Chinmoyee Thakuria, Assistant Professor, Department of Swasthavritta & Yoga, IAMC, on the topic “ Development of Female Breast through various stages of life”.
	09/08/2024	Celebration of Charak Jayanti Flowers were offered to the idol of Maharishi Charak followed by an informative talk by the Faculty Members.





MONTH	DATE	ACTIVITY
September	05/09/2024	Teacher's Day Celebration
	01/09/2024-30/09/2024	Observance of 7th Rashtriya Poshan Maah The programme was inaugurated by a Plantation Programme to mark the theme of "EK PED MAA KE NAAM". Two Free Health Check-up Camps and Nutritional Awareness programmes were held throughout the month.







MONTH	DATE	ACTIVITY
October	29/10/2024	9th National Ayurveda Day celebration The day started with inauguration of AYUR AHAR MELA where the students displayed prepared Traditional ethnic recipes. This was followed by a AYUR WALKATHON and guest lecture by invited speaker Prof.(Dr)Dhaneswar Kalita, Ex-Principal, Government Ayurvedic College Hospital , Guwahati on the theme “ Ayurveda Innovation for Global Health”.
	29/10/2024	Dhanwantari Puja celebration



MONTH	DATE	ACTIVITY
November	02/11/2024	Celebration of 2nd Foundation Day of IAMC In the presence of Executive Director of AIIMS Guwahati, Dr.Ashok Puranik as Chief Guest and Dr. Swapan Kr. Chakraborty, Former HOD, Department of Rog Nidan, Government Ayurvedic College Hospital, Guwahati as the Guest of Honour.
	12/11/2024	Doctor's Meet Programme by Himalaya Wellness Company. Speaker- Dr. Suwendu Sankar Kar, Senior Manager Scientific Services, Himalaya Wellness Company. Topic- Managing Liver Health in Diabetic and Overweight Individuals.





MONTH	DATE	ACTIVITY
December	03/12/2024	<p>Launch of Prakriti Pariksha Campaign in the Campus of USTM.</p> <p>Inaugurated by the Vice Chancellor, USTM in the presence of Principal IAMC, In-charge Deputy Medical Superintendent UHAN and other dignitaries. The master of Ceremony for the event was Dr. Chinmoyee Thakuria, Nodal Officer for Desh Ka Prakriti Pariksha Campaign, IAMC, who introduced the concept of the campaign followed by an informative speech by the Vice Chancellor and explanation of proceedings for the campaign by the Principal IAMC. The gathering consisted of students, faculty members, doctors, non- teaching staff of the campus.</p>
	21/12/2024	<p>Observance of World Meditation Day.</p> <p>The event commenced with a short evoking speech by Dr. Anil Kr. Sharma, Founder Principal & Advisor, IAMC followed by Yoga Nidra Session (Yogic Meditation Techniques) and Poster and Slogan making competition for the students.</p>





